IOWA STATE UNIVERSITY **University Human Resources**

Preparing for Retirement

ISU RETIREE INSURANCE AND MEDICARE

Qualification for Retirement

55 years of age or older, regardless of years of service.

Learn more before you go

- The Retirement checklist can be found on the ISU Retiree website for employees to review the process
 - https://hr.iastate.edu/retiree-benefits
- Call 294-4800 or email <u>benefits@iastate.edu</u> to set up a time to discuss possible retirement dates, start the benefits paperwork process and review the steps with an ISU Benefits Consultant

Retirement Steps

- Decide on a retirement date, what is the last day you will be working?
- 9 month faculty retire in May or December, unless they work in the summer or need to retire due to other circumstances.
- The last day of work has bearing on insurance continuation and possibly on Medicare effective dates.

Retirement

- If retirement is within 3 months of Medicare eligibility for you or a dependent – discuss with Social Security Administration on when to apply for Part B.
- Benefits Office has an additional paperwork process for the Special Enrollment Period for those who had previously declined Part B.
 - Avoid late enrollment penalty

Workday Retirement Process

- Employees may submit their retirement notice in Workday
- Click on the cloud icon/picture in the upper right corner and click
 View Profile
- A blue banner menu appears on the left
- Click on Actions, click Job Change
- Click Resign
- Enter proposed separation date (this is the last day you are at work)
- Click Voluntary the click "Worker Resignation > Voluntary > Retirement" (last option)

Vacation/Sick Leave

- Unused sick leave automatically pays out up to \$2,000 maximum
- Unused vacation, vacation credit, if eligible, will be paid out.
- The payout is included on your final pay.
- If interested in sheltering the payout from most (not all) taxes, there
 is a process in Workday to complete & submit by the 15th of the
 month in which you retire.
- Questions on the request: Fringe Benefit Accounting & Compliance
 Office
 - fbac@iastate.edu
 - 515-294-7662

Basic Life Insurance

- Life insurance terminates at retirement.
- Notice within Workday on option to continue life insurance as a personal policy.
- Information, rates and application: <u>www.principal.com/isu</u>

Long Term Disability Insurance

- Do health issues have you contemplating an earlier retirement?
- LTD insurance ends upon retirement date.
- Explore benefits of applying for LTD
 - replacement income
 - life insurance paid by LTD insurance
 - ISU Plan Medical/Rx/Dental continuation
- Limitations? Paperwork, approvals, possible delayed access to retirement account funds.

Qualifying for ISU Retiree Insurance

- To qualify to continue to participate in ISU retiree group medical/prescription and/or dental insurance:
 - Continuous enrollment in the University group plan(s) for **5 years** or longer up to the last day of work.

Continuing Group Medical and/or Dental Insurance

- Meet with an ISU Benefits Consultant:
 - If continuing ISU insurance, choose your plan and line up Medicare, if qualified.
 - Complete forms for continuing coverage, including Medicare Part
 D if eligible and submit to ISU Benefits Office prior to the date
 active employee insurance ends.

Retiree Open Enrollment

- Each year: October 15th December 7th
- Effective dates of changes:
 - January 1st of the next year

- Events that take place outside of open enrollment must be reported within 30 days of the event
 - <u>Examples:</u> Marital status change, dependent no longer eligible,
 dependent gain/loss other coverage

Dental Insurance

- Administered by Delta Dental of Iowa
- Two plan choices:
 - Basic Plan
 - Comprehensive Plan 3-year lock in
- PPO plus Premier Network
- If you drop coverage, you cannot enroll.

Dental Plan Comparison

Delta Dental Premier Plus PPO	Basic	Comprehensive 3-year lock in
Maximum Per Person/Year	\$750 (applied to restorative services only)	\$1,500
Annual Deductible – applied to first restorative visit	\$25	\$50
Check Ups & Cleaning	100%	100%
BASIC RESTORATIVE		
Cavity Repair & Extractions	50%	80%
Root Canals	50%	80%
Gum & Bone Disease	50%	80%
MAJOR RESTORATIVE		
High Cost Restorations	50%	50%
Bridges, Dentures, Implants	Not Covered	50%
Orthodontics	Not Covered	50% after deductible up to lifetime maximum of \$2,000 (no age limit)

2024 Dental Insurance Premiums

Tier of Coverage	2024 Basic Plan	2024 Comprehensive Plan
Retiree	\$24	\$42
Retiree & Spouse/Partner	\$58	\$109
Retiree & Child(ren)	\$65	\$115
Retiree & Family	\$74	\$130

Medical Insurance

- Administered by Wellmark Blue Cross/Blue Shield
 - BluePPO (the Preferred Provider Organization, a national network of the Blue Cross Blue Shield Association)
 - BlueHMO (the Wellmark Health Plan of Iowa Network)
- If you drop coverage, you cannot re-enroll.

Wellmark

BluePPO

- Access to nationwide network of participating providers
- Deductible resets every January
- Out-of-pocket maximum resets every January
- Deductible for in-network and out-ofnetwork are not aggregate
- Out-of-pocket maximum for innetwork and out-of-network are not aggregate

BlueHMO

- lowa network of participating providers
- Emergency services only outside the state of lowa
- Must designate a primary care physician (PCP)
- Female participants may also designate a primary OB/GYN physician for annual exams
- Referrals are not required for in-network providers
- Out-of-Network Specialist: Wellmark must approve out of network referrals before you receive services or the services will not be covered
- Deductible and Out-of-pocket maximum resets every January
- Guest membership: provides access to BCBS participating hospitals, physicians and other health care providers while away from home for 90 days or longer.
 - College students
 - Custodial Parents

Medical Plan Comparison

Plan Provisions	BluePPO		BlueHMO
Plan Provisions	In-Network	Out-of-Network	*PCP designation required
Deductible •Single •Family	\$400 \$800	*Does not aggregate \$800 \$1,600	\$250 \$500
Coinsurance	20%	40%	10%
Out-of-Pocket Maximum •Single •Family	\$2,000 \$4,000	*Does not aggregate \$4,000 \$8,000	\$1,500 \$3,000
Preventive Services	\$0	40%, after deductible	\$0
Office Visit	\$25 copay	40%, after deductible	\$15 copay
Emergency Room	\$125 copay, plus 20% coinsurance *copay waived if admitted	\$125 copay, plus 20% coinsurance *copay waived if admitted	\$125 copay, plus 10% coinsurance *copay waived if admitted
Mental Health Office	\$25 copay	40%, after deductible	\$15 copay
Physical Therapy/Occup Therapy/Speech Therapy	\$25 copay *Non-office setting, coinsurance may apply	40%, after deductible	\$15 copay *Non-office setting, coinsurance may apply

- In-network preventive care will now be no cost to you!
- Copays, deductible & coinsurance apply to yearly out-of-pocket maximum
- Medicare eligible retirees minimally impacted due to Medicare being primary payer

2024 Medical & Prescription Premiums – Single Plan

Plan Tier (price includes appropriate prescription coverage)	BluePPO & RX	BlueHMO & RX
Retiree Only		
Merit - Not Medicare eligible	\$851.00	\$825.00
Faculty, P&S, S &C – Not Medicare eligible	\$697.00	\$674.00
Medicare eligible	\$348.00	\$332.00

2024 Medical & Prescription Premiums – Retiree & Spouse/Partner

Plan Tier (price includes appropriate prescription coverage)	BluePPO & RX	BlueHMO & RX
Retiree & Spouse/Partner		
Merit - Two not Medicare eligible	\$1,938.00	\$1,886.00
Faculty, P&S, S &C – Two not Medicare	\$1,585.00	\$1,541.00
Merit – One with Medicare, one without Medicare	\$1,193.00	\$1,151.00
Faculty, P&S, S &C – One with Medicare, one without Medicare	\$1,039.00	\$1,000.00
Two Medicare eligible	\$690.00	\$658.00

2024 Medical & Prescription Premiums – Retiree & Child(ren)

Plan Tier (price includes appropriate prescription coverage)	BluePPO & RX	BlueHMO & RX
Retiree & Child(ren) only		
Merit – Retiree is not Medicare eligible	\$1,514.00	\$1,476.00
Faculty, P&S, S &C – Retiree is not Medicare eligible	\$1,238.00	\$1,206.00
Merit – Retiree is Medicare eligible	\$1,011.00	\$983.00
Faculty, P&S, S &C – Retiree is Medicare eligible	\$889.00	\$864.00

2024 Medical & Prescription Premiums – Retiree & Family

Plan Tier (price includes appropriate prescription coverage)	BluePPO & RX	BlueHMO & RX
Family – Retiree, Spouse/Partner	and child(ren)	
Merit - None are Medicare eligible	\$2,483.00	\$2,397.00
Faculty, P&S, S &C – None are Medicare eligible	\$2,030.00	\$1,959.00
Merit - One with Medicare & others without Medicare	\$1,738.00	\$1,662.00
Faculty, P&S, S &C – One with Medicare & others without Medicare	\$1,484.00	\$1,418.00
Merit - Two Medicare eligible & others without Medicare	\$1,235.00	\$1,169.00
Faculty, P&S, S &C – Two Medicare eligible & others without Medicare	\$1,135.00	\$1,076.00

After Retirement – Paying Premiums

- When continuing the ISU medical/prescription insurance, Wellmark sends the premium billing to the retiree.
 - You have to stay with the ISU group prescription drug plan to stay in the group medical plan.
- Delta Dental sends the premium billing to the retiree
- Automatic withdraw available to let Wellmark/Delta Dental pull the premium directly from your bank account.

ISU Plan as Medicare Secondary Plan

- Keep original Medicare (A & B). Medicare is required and must be the primary insurance for those eligible for Medicare when retired.
- The ISU Wellmark plans is secondary insurance
- Patient liability is a rare occurrence but can happen. If you have an amount to pay at a clinic or hospital, you may want to follow up on why.

- ISU Benefits Office will mail information to upcoming newly Medicare eligible members 3 months before Medicare eligibility.
- If you become Medicare eligible early due to disability, End-Stage Renal Disease (ESRD), or ALS, you must notify the Benefits Office in order to update your benefits and enroll in our Medicare Part D prescription plan (Humana).

Medicare Part B Premiums

- Each year, Part B premiums are based on income from 2 years earlier. 2022
 income will determine your 2024 Medicare Part B premium
- Pay attention each year to gross income and possible capital gains.
- Required minimum distributions from retirement plans can trigger higher
 Medicare premiums a couple of years later.
- 2024 Medicare Part B Premiums
 - https://www.medicare.gov/basics/get-started-with-medicare/medicarebasics/what-does-medicare-cost

2024 Medicare Part B Premiums

If your yearly adjust	ed income in 2022 was	·	then
File Individual Tax Return	File Joint Tax Return	File Married & Separate Tax Return	Each Person Pays
\$103,000 or less	\$206,000 or less	\$103,000 or less	\$174.70
Above \$103,000 up to \$129,000	Above \$206,000 up to \$258,000	Not applicable	\$244.60
Above \$129,000 up to 161,000	Above \$258,000 up to \$322,000	Not applicable	\$349.40
Above \$161,000 up to \$193,000	Above \$322,000 up to \$386,000	Not applicable	\$454.20
Above \$193,000 & less than \$500,000	Above \$386,000 & less than \$750,000	Above \$103,000 & less than \$397,000	\$559.00
\$500,000 or above	\$750,000 or above	\$397,000 or above	\$594.00

Options for those considering leaving the ISU group plan for other plans

- Contact SHIIP for assistance with Medicare options
 - Statewide: 1-800-351-4664 (TTY 1-800-735-2942)
 - Website: <u>www.shiip.iowa.gov</u>
 - Email: shiip@iid.iowa.gov
- Transfer to other group options (spouse's employer plan, a new employer's plan, Professional Associations, etc.) or Healthcare Marketplace

Prescription Coverage

- The ISU Wellmark Plan premiums includes the Express Scripts / Humana Part
 D Prescription Drug Plan (PDP)
- There is not a choice of prescription plans.
- Express Scripts is covered for pre-Medicare members
- The ISU Humana PDP is required for retirees/any family members that are
 Medicare eligible on the ISU Wellmark medical plan.
- The ISU Humana plan is a unique group Medicare Part D PDP

Express Scripts

Annual Out-of-Pocket Maximum	Single \$2,000 Family \$4,000
30-day supply – retail pharmacy	 \$15 copay for generic 30% coinsurance for preferred brand name (\$125 maximum copay/prescription)
*If you're on a maintenance medication, you may qualify for Smart90 where you will be required to move to a 90-day supply at retail or mail order.	 50% coinsurance for non-preferred brand name (\$250 maximum copay/prescription)
90-day supply – retail pharmacy	 \$45 copay for generic 30% coinsurance for preferred brand name (\$375 maximum copay/prescription) 50% coinsurance for non-preferred brand name (\$750 maximum copay/prescription)
90-day supply – Express Scripts Home Delivery Pharmacy	 \$0 copay for generic 25% coinsurance for preferred brand name (\$300 maximum copay/prescription) 33% coinsurance for non-preferred brand name (\$600 maximum copay/prescription)

Humana Part D Prescription Drug Plan (PDP)

- Effective when eligible for Medicare Part B
- The ISU Humana Plan, collectively, is better than the Standard Part D PDP offered to individuals
- Drugs purchased that are not covered by Medicare Part D do not count towards the total amount to reach the gap.
 - Such as drugs categorized as Medicare Part B or drugs exempt from Medicare B & D

Medicare Part D Standard "Framework" for 2024

\$545 Deductible – <u>Eliminated</u> for a "buy up" to better coverage plans, like the ISU plan.

Stage 1 or Initial Coverage Limit:

This is where you begin each January. The stage begins at first purchase. \$0 until total drug cost reaches \$5,030.

Stage 2 or the Coverage Gap (donut hole):

Begins at \$5,030 and lasts until your total drug costs reaches \$8,000. In the Coverage Gap, ACA regulations reduce the cost of medication for those in the gap. No one pays more than 30% of adjusted cost.

Stage 3 or Catastrophic:

\$8,000 to end of the year. When the cost of true drug purchases reached \$8,000. For 2024, the cost toward the member in stage 3 has moved to \$0. For ISU plan participants, once your out-of-pocket reached \$2,500, Humana is paying 100% of your total drug costs.

Tiers According to Humana Formulary

- Tier 1: Generic or brand available at the lowest cost for this plan.
- Tier 2: Generic or brand that Humana offers at a lower cost the Tier 3.
- Tier 3: Generic or brand that Humana offers at a higher cost than Tier 2.
- Tier 4: Specialty medication, some injectable or other high-cost prescriptions.

Humana Stage 1: Initial Coverage Limit (\$0 - \$5,030)

Tier	Retail Pharmacy: 30-day supply (90-day supply)	Mail Order: 90-day supply (CenterWell Pharmacy)
Tier 1:	\$10.00 (\$30.00)	\$0
Tier 2:	30% up to \$50.00 maximum out-of-pocket per prescription (30% up for \$150.00)	20% up to a \$100.00 maximum out-of-pocket per prescription
Tier 3:	50% up to \$50.00 maximum out-of-pocket per prescription (50% up for \$150.00)	33% up to a \$100.00 maximum out-of-pocket per prescription
Tier 4:	50% up to \$50.00 maximum out-of-pocket per prescription (N/A)	N/A – limited to a 30-day supply

Humana Stage 2: Coverage Gap (\$5,030 - \$8,000)

Tier	Retail Pharmacy: 30-day supply (90-day supply)	Mail Order: 90-day supply (CenterWell Pharmacy)
Tier 1:	\$10.00 (\$30.00)	\$0
Tier 2:	30% up to \$50.00 maximum out-of-pocket per prescription (30% up for \$150.00)	20% up to a \$100.00 maximum out-of-pocket per prescription
Tier 3:	30% (30%)	30%
Tier 4:	30% (N/A)	N/A

Humana Stage 3: Catastrophic (Over \$8,000)

Tier	Retail Pharmacy: 30-day supply (90-day supply)	Mail Order: 90-day supply (CenterWell Pharmacy)
All Tiers:	\$0.00	\$0.00

- The out-of-pocket maximum is \$2,500 per member.
- If you hit your out-of-pocket maximum, Humana pays 100% of the total drug costs for the remainder of the year.

Humana Part D Smart Summary

- Center for Medicare (CMS) rules require reporting to participants at least quarterly. There is an option to view these online if you set up a Humana online account.
- The summary includes the drug purchases, the stage you are in, the OOP cost and the TROOP, updates contact, patient rights.
- What is does not include are any non-Part D purchases.

Medicare Part D & High Income

- Income-Related Monthly Adjustment Amount (IRMAA) is determined by Center for Medicare and Medicaid Services (CMS) and will be reported to you, if you must pay.
- The amount will be deducted from the Social Security Income (SSI) each month in addition to the premium you pay to Wellmark.
- If you decline the deduction for IRMAA, CMS will disenroll you from the ISU Humana Group PDP. This may create issues for regaining the coverage.
- 2024 Medicare Part D Premiums
 - https://www.medicare.gov/basics/get-started-with-medicare/medicarebasics/what-does-medicare-cost

Medicare Part D & High Income

2024 Part D Income-Related Monthly Adjustment Amount (IRMAA)			
File Individual Tax Return	File Joint Tax Return	File Married & Separate Tax Return	Amount deducted from Social Security income in addition to the premium you pay to Wellmark
If your yearly adjusted income in 2022 was			
\$103,000 or less	\$206,000 or less	\$103,000 or less	\$0
Above \$103,000 up to \$129,000	Above \$206,000 up to \$258,000	Not applicable	\$12.90
Above \$129,000 up to \$161,000	Above \$258,000 up to \$322,000	Not applicable	\$33.30
Above \$161,000 up to \$193,000	Above \$322,000 up to \$386,000	Not applicable	\$53.80
Above \$193,000 & less than \$500,000	Above \$386,000 & less than \$750,000	Above \$103,000 & less than \$397,000	\$74.20
\$500,000 or above	\$750,000 or above	\$397,000 or above	\$81.00

Medicare Part D & Low Income Subsidy

- Participants with low income may qualify for extra help from Medicare and the Part D cost may be reduced.
- Humana is informed by CMS and alerts ISU to adjust the Part D premium.
- ISU alerts Wellmark to reduce your premium for the subsidy amount reported to us by Humana.

ISU Retiree Association

Benefits of Membership:

- Representation with University
- Wellness & Health Education
- Memorial Day Ceremony
- Own Personal ISU Alumni
 Gmail Account
- Programs
- Newsletter
- Volunteering
- Social Activities
- No dues

Contact:

- <u>alumni@iastate.edu</u>
- 515-294-6525

Contact Us

UHR Service Center & Benefits Office

3810 Beardshear Hall

benefits@iastate.edu

(515)-294-4800

Benefits Consultant	Employees/Retirees Last Name Begins With:	
Jill Pretzer	A – D	
Dawn Shedarowich	E — K	
Teree Hungerford	L – R	
Sarah Ford	S – Z	

https://www.hr.iastate.edu/retiree-benefits

*Appointments are encouraged