



BODY IMAGE & EATING DISORDER AWARENESS WEEK

Monday, February 27

10am-1pm Honor Your Hunger-LeBaron Lobby (#BIEDAW2017 for free food!)

5pm Culinary Bootcamp-MacKay Hall

Lean how to enjoy cooking and eating while creating delicious meals with chefs, a registered dietitian, and the FSHN Department; Visit dining.iastate.edu/nutrition

Tuesday, February 28

7pm Documentary *Embrace*- Marston 2155

Embrace uncovers why poor body image has become a global epidemic and what women everywhere can do to have a brighter future. Free popcorn and treats.

Wednesday, March 1

7pm HEADLINE SPEAKER James “Buck” Runyan

ISU Memorial Union-Great Hall

Buck has over 20 years’ experience in the treatment of eating disorders and is the Executive Director of Remuda Ranch.

Thursday, March 2

12pm-3pm Rock Your Body! Party

ISU Memorial Union-Cardinal Room

Free Food/ Games/ Recovery stories/ Prizes/ Vendors

Friday, March 3

EDCI Awareness Day 1-Des Moines

BIEDA Officer Training and Education for Students, Teachers, Coaches, Parents, and Families

Visit edciowa.com for more information and to register

Saturday, March 4

EDCI Awareness Day 2-Des Moines

Keynote Speakers and Breakout Sessions

FEBRUARY 27-MARCH 4 AT ISU
