TAKE CENTRAL STAIRS TO SECOND FLOOR, MAKE ONE LOOP, THEN TAKE CENTRAL STAIRS TO THIRD, ETC. FOLLOWING THE LAP ON FIFTH FLOOR, TAKE THE CENTRAL STAIRS BACK TO FIRST FLOOR ~ 1/2 MILE

NOTE: ACCESSIBLE ENTRANCE OFF BISSELL ROAD
1 FULL LAP + 1 FIGURE 8 ~ 1/2 MILE

RESTROOMS
ELEVATOR
WALKING ROUTE

GILMAN HALL
THIRD FLOOR

NOTE: ACCESSIBLE ENTRANCE
OFF OSBORN DRIVE
Start at one end of the basement, walk to the opposite end and take the stairs to the next level. Continue walking back and forth until you reach the second floor. Make a full lap on second floor and make your way back down in a similar manner for approximately a 1/2 mile.
1.5 LAPS ~ 1/4 MILE

MEMORIAL UNION
SECOND FLOOR

NOTE: ACCESSIBLE ENTRANCES OFF CENTRAL CAMPUS, LINCOLN WAY AND

RESTROOMS
ELEVATOR
WALKING ROUTE

MEMORIAL UNION
SECOND FLOOR

NOTE: ACCESSIBLE ENTRANCES OFF CENTRAL CAMPUS, LINCOLN WAY AND
RESTROOMS
ELEVATOR
WALKING ROUTE

NOTE: ACCESSIBLE ENTRANCES OFF CENTER DRIVE OR LINCOLN WAY